Arctic Light K-8

DO GOOD WORK, BE A FRIEND, EVERY DAY - NOVEMBER 15TH, 2021

UPCOMING EVENTS:

- Nov 1-30th Canned Food Drive
- Nov 16th School Board Meeting
- Nov 25 & 26th Thanksgiving Break: NO SCHOOL
- Nov 30th School Art Contest Entries Due



PRINCIPAL'S MESSAGE - BEING THANKFUL

November - a whole month for Gratitude:

Thankful that -

• We are learning in our school, not remotely

- Our students are staying healthy and academically growing
- Students can socialize with peers in-person
- Staff can meet in-person with parents
- Borough-wide Covid cases are going down
- We celebrated our community with a Veterans Day parade
- Staff received training to target student academic needs

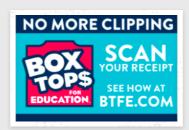
Personally:

- We finally have some snow on which we can play
- Our community works together to ensure student success
- And I'm mixed about higher oil prices which can translate into more support for Public Education - but means more at the pump and for home heating.

Stay Warm.

Do Good Work, Be a Friend, Every Day. Principal Keener







SCAN YOUR BOX TOPS - NO MORE CLIPPING

- Download the App and select Arctic Light Elem.
- Scan your receipt with the App
- Use the App to earn money for our school.
- Thank You!







Great Job Opportunity

For Parents or Anyone looking for a Part-time Job



Crossing Guard

\$15.00 an Hour

Guaranteed 4 Hours a Day

To Apply, call Durham School Services:

907-206-7789 ext. 6603 or 907-888-7618

Stop by in Person: 3319 Industrial Ave., Fairbanks, AK 99701

CHILDHOOD IMMUNIZATIONS BY DECEMBER 3RD

Parents should be made aware that all immunizations must be current by **Friday**, **December 3rd** and that <u>exclusion letters will begin being provided to parents as of Monday, December 6th.</u> This means students who are non-compliant or who have not provided an exemption for immunizations *will not be able to attend school on Monday*, *December 6th*.



COUNSELING: GRATITUDE CHALLENGE

Gratitude is the ability to recognize and acknowledge the good things, people and connections in our lives.

A **Gratitude Challenge** is setting a goal to take time each day to think of at least 3 things we are grateful for.

It is a challenge because human brains have a tendency towards remembering danger over safety, we take good things for granted after a while, and we forget how we rely on others for so many components of our lives.

Gratitude activities help us to have stronger relationships because there becomes more recognition of the kindness of others, and this leads to us feeling happier and healthier overall.

Gratitude is a series of actions for us to do:

- 1. Direct our attention towards finding good in our lives everyday.
- 2. Ask ourselves who or what we are grateful for and why.
- 3. Make a list of at least 3 good things we are grateful for by the time each day ends.
- 4. Choose an item from our lists weekly to think more deeply about, and then express that gratitude in various ways.
- 5. Be kind to ourselves as we learn how to increase our gratitude for others as a way of showing gratitude and care for ourselves.

When we are grateful we feel better, and we are easier to be around.

The Grateful Challenge is ongoing, doable, and rewarding.

What 3 good things are you grateful for right now?

PARENTS GUIDE TO THE CURRICULUM

One of the best guides to our grade level teaching expectations.

COACHING CORNER: ASKING YOUR STUDENT OPEN ENDED QUESTIONS

How often have you asked your child, "How was your day?" and they responded with, "Good."

Have you ever wanted them to open up more and give more details? Try asking open ended and specific questions.

Prompt conversation and encourage curiosity by asking your child challenging questions, such as:

- 1. What do you know how to do that you can teach to others?
- 2. What is something funny/cool/interesting that happened today?
- 3. What do you think your life will be like in the future?
- 4. What did you do to be a good student today?
- 5. Who is your best friend and why?
- 6. What can you do to be a friend to others?



- THE US NEWS AND WORLD REPORT -

The magazine named Arctic Light Elementary - One of the Best Elementary & Middle Schools for 2022 -





Student Art Contest







Submit original artwork:

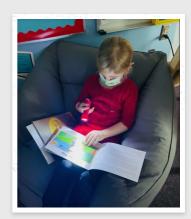
- to include school colors & theme
 - has 4x5 proportions
 - to hang in our Commons
 - is due November 30th



ARCTIC LIGHT K-8 STUDENT HANDBOOK









During the month of November

Support our
Ft. Wainwright Food Pantry.
Donate to your child's classroom
Canned Food Drive.



MONDAY HUMOR

What kind of shoes do ninjas wear? Sneakers.

What do spiders eat at a picnic? Corn on the cobweb.

What has to break before you can use it? An egg.

I don't know the whole alphabet. I don't know y!

Tablets were replaced by scrolls. Scrolls were replaced by books. Now, we scroll through books on tablets.



Hiring



Arctic Light

STEM Club Assistant

Work with our older students

- \$22hr
- Less than 15 hr work week
- Instruct STEM activities

Interested - Contact

Arctic Light - (907) 356-2038 Sarah Robinson - (907) 452-2000 Ext 11404











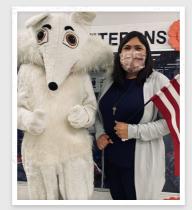


Report any untreated surfaces to Facility Maintenance. Have questions or need assistance? CALL: 907-459-1344 or EMAIL: riskmanagement@fnsb.gov











Adopted by	v School	Board:	May	5. 2020

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2nd Quarter: 43 days



520 Fifth Avenue, Fairbanks, AK 99701 k12northstar.org

2021

August 12,13,16 Professional Development 11,17 Teacher Work Days 18 First Day for Students

6 Labor Day (holiday)
October

1 Professional Development 15 End of 1st Quarter (early dismissal) 28, 29 Parent-Teacher Conferences

November

12 Professional Development
25-26 Thanksgiving (holiday)

December

15,16,17 Last 3 Days (early dismissal)
17 End of 2nd Quarter (early dismissal)
20 Winter Break - Begin

2022 January

Winter Break - End Teacher Work Day (no school) 17 Martin Luther King Jr. (holiday)

February
21 Professional Development
22,23 Parent-Teacher Conferences

March

End of 3rd Quarter (early dismissal) 14-18 Spring Break 28-31 Tentative Testing Window

April
1-29 Tentative Testing Window

May

17, 18, 19 Last 3 Days - Early Dismissal 19 Last Day for Students 20 Teacher Work Day

- Vacation/Holiday (no school) School Start/End
- ☐ End of Quarter (early dismissal) Parent-Teacher Conferences (no school) { } Testing Window
- Last 3 days School)

 Carly dismissal)

 Teacher Work Day (no school) Staff Training Day Days for Bad Weather
- Professional
 Development Day
 (no school) 1st semester: 88 days 2nd semester: 92 days

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SCHOOLCAFE.COM FREE/ REDUCED MEAL APPLICATION

Takes a few minutes - can save you a bundle and support our school's academic programs







FOLLOW THE THREE C'S



I. Be CAUTIOUS

- · Attend to personal health
- Stay away from sick people
- Be thoughtful about activities
- Consider being vaccinated





2. Be COURTEOUS

- Respect health privacy
- Cover your cough & sneeze
- Stay home if you are sick
- Get tested



3. Be CLEAN

- Wash your hands often
- Use hand sanitizer
- Avoid touching your face
- · Disinfect high touch surfaces













